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**A MESSAGE FROM YOUR MFN TEAM**

As the dog days of summer come to an end and autumn closes in on the horizon, we begin to feel a sense of urgency for summer projects left undone and the clear knowing that as the new school year begins and the holiday seasons unfold, that our lives will become busier and our time more treasured.



How different from only weeks ago!

When spring approaches, with its newness and hope, we are energized and inspired to think big thoughts with confident can-do attitudes: "Sure, I'll clean out that garage and attic! Yes, I'm tackling that family photo project! You bet it'll be my best garden ever!" "Second language? No problem!"

And, it's all going to happen *this* summer.

But fall, always serious and overshadowing, seems to sneak up on us with a rush of duty, leaving us scrambling to tie up matters, finish projects, "store away our acorns for the winter" and get the kids in bed on time.

Then, more quickly than the blink of an eye, August comes rolling around and reality sets in. It's a sobering moment: "Where has all the time gone?"

No doubt about it: August is a transitioning month. But if we stop there, we miss out on some very important gifts that this month has to offer.

August gives us an opportunity to review and reflect about our summer accomplishments and our memories of recent vacations - far from home, close to home, across the street in the neighbor's pool, or just hanging out watching glorious sun sets. We get a rare moment to catch a glimpse of ourselves enjoying our lives and the people we have in those lives. And, if we're fortunate enough to step out of the moment, we can let that vision settle in slowly, warmly to the backs of our mind to be plucked later, for daydreaming, during winter's deep chill.

So then, as the world prepares for back to school and the bustling holiday months ahead, let's rest here a bit to enjoy this feeling of ease and satisfaction. We're in no hurry today.

Until Next Month (or you can email us at [connections@MilitaryFamilyNetwork.com](mailto:connections@MilitaryFamilyNetwork.com) if you just can't wait!),

**Megan, Luis and Darrell**

**BUSINESS FEATURE**

**MFN Helps Businesses Reach Military Families**

We all know how the Military Family Network serves military service members, veterans, and their families by providing resources, information and trusted expert and community advice to help them navigate through military life.

But did you know that MFN also helps businesses with their outreach as well? By introducing the military community to trusted businesses, MFN can help you tap into a market that is traditionally hard to reach, but desires your services. And with our new website nearly ready to go, we will offer even more possibilities, both for businesses and the community we serve.



For military and family friendly businesses, we offer a **variety of communication services** that allow you to promote your programs, products and services while demonstrating your support for our military service members, veterans and their families. MFN encourages its business partners to offer military deals and discounts as their way of thanking our military

community for their service to our nation. And, while MFN can provide the sophisticated marketing reports that you've come to expect from your campaigns, your biggest reward will come from knowing that your advertising dollars are taking care of military service members, veterans and their families. In fact, your support saves lives.

For our military community, there are **numerous new features** to look forward to like improved and simplified navigation, enhanced forums, the ability to add your own blog, and a dedicated server giving MFN much more bandwidth and processing power to provide you with a greatly improved user experience.

You've already seen the ever increasing number of experts in various fields who are coming on board with MFN to give you the information you need. Now, enhanced search and tagging capabilities will make it easier for you to find this information.

And there is so much more. How many times have you read one of our news articles and wanted to respond? Or perhaps you saw an informational piece on our site, and wanted to contribute your own knowledge and experience? Well, now you will be able to! You will be able to **leave comments, discuss topics** with your fellow community members, easily syndicate the content to your RSS feeds, and a few surprises that, well, our lips are sealed!

So as they say in show-biz: Don't Go Away! There's More to Come!

**ORGANIZATION IN THE SPOTLIGHT**

## Meet K12!

K 12 is the largest provider of online education in America for grades K through 12. We all know how often many of our military families are required to move. K12 is a way for those families to have a consistent educational experience, year after year. In fact, no matter where you are in the world, as long as you have an internet connection, K 12 can give your children a high quality, American education.



## What is an Online School ?

### A Student's Perspective:

Watch Austin and Tiffany take the mystery out of online schooling. Click [HERE](#) to go with them on a short, entertaining journey into how individualized, 21st century learning really works.

### A Parent's Perspective:

Read Heidi's experience as a [K 12](#) parent and learning coach. For more than eight years, her children have been enrolled (and one has since graduated!) from a [K 12](#) Virtual Academy. Read more [HERE](#) .

### Latest News:

- **Announcing Michigan Virtual Charter Academy**  
[K 12](#) is pleased to announce the opening of our latest school! [Michigan Virtual Charter Academy](#) serves students in grades K-12, and is now accepting applications for the 2010-2011 school year. [Find out more!](#)
- **K 12 Student Zach Bonner Nearing End of Cross-Country Walk for Homeless Children**  
Zach's trek, which began in Tampa in December, will take him to the Santa Monica Pier in September, as he walks to raise money for the Little Red Wagon Foundation, a charity he started himself. Read the [full story](#) in the New York Times.
- **Enter our Learning Happens Everywhere Sweepstakes!**

Enter to win Hershey park® getaways, any [K12](#) course of your choice, or other great prizes! And one lucky winner wins the grand prize at the end of the sweepstakes: a \$5,000 U.S. Savings Bond! Click [HERE](#) to learn more. **Hurry, you must enter by 8/31/10.**

- **Mark Your Calendar!**

[K 12](#) will be present at the Association of the U.S. Army's Annual Meeting from 25-27 October in Washington, DC and we invite you to stop by to talk with us about online schooling and K12's exceptional education opportunities.



## NEWS YOU CAN USE

"Wow, you really drew that?"

[The Wounded Artist Project](#)



The Wounded Artist Project is sending art kits (currently our Beginner kits) to war wounded, ill and injured, and their caregivers (parents, spouses, etc.), recovering in military medical facilities or at home across the US. This includes also PTSD and TBI.

While art is recognized as a good method to pull out trauma in a person's life, we will be focusing on having the wounded develop art skills that may lead them to deciding on a college major or career. We have a [YouTube channel](#) with introductory art instruction videos for anyone to access.

We imagine that someone who does a lot of perspective drawing may decide to become an architect or urban planner; those drawing the human body (especially after following their own charts and operations) may become a medical or scientific illustrator, a nurse or even a physiologist; those drawing cars and mechanical stuff may go into product design. We stress that the kits alone don't make someone become an architect or an MD; they still face a lot of work ahead of them.

We are sure that someone, someday will look over the shoulder a wounded GI sitting in a hospital bed using one of our kits, and ask, "Wow, you really drew that?"

Contact [ray@thewoundedartistproject.org](mailto:ray@thewoundedartistproject.org) for more details and to volunteer.

**How You Can Help:** The Wounded Artist Project is a Michigan-based 501(c)(3) nonprofit that sends art kits to war wounded recovering in military hospitals. We are in start-up mode and need funding and/or donations. They are tax-deductible. It costs us approximately \$25 to produce one BEGINNER's kit. Visit The Wounded Artist Project website to support our wounded service members or to request additional information about how you can help: [this link](#) is just a click away!

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## THIS MONTH'S FOCUS

### Spirit of America 2010: "Strength of the Nation"

*Get Your Tickets Highland Heights, KY and Grand Rapids, MI!  
Pittsburgh, PA is Sold Out!*

The 2010 Spirit of America schedule will bring more than 300 active duty Soldiers from the U.S. Army Military District of Washington to the cities of Pittsburgh, Pa., Highland Heights, Ky., and Grand Rapids, Mich., this September. The history of the nation will come to life through historical reenactments, musical entertainment and precision military drill.

For more than 30 years, Spirit of America has told the story of the United States Army's history through each and every American generation. With a unique combination of stirring music, historical narration and live action dramatization, Spirit of America presents the true story of men and women who have left friends and families behind to protect and defend the United States of America. Spirit of America commemorates the brave actions of ordinary men and women who as

### Back-To-School Checklist

[Source: Ramona Creel and OnlineOrganizing.com]

Stay focused and reduce stress by using [this handy checklist](#) to rid yourself of last minute worries.

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### Just For Military: Helpful Information Keeping You Connected

[Source: Federal Citizen Information Center]

Today's military family faces many common consumer challenges, as well as the additional stress associated with frequent separation. To ease such difficulties, Family Centers, along with the other programs described below, provide help and support for military families. Bookmark [this page](#) for your easy reference.

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### Guidelines for Publishing Information Online

Remember that the internet is a public resource. Avoid putting anything online that you don't want the public to see or that you may want to retract. [Read more...](#)

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### MyFood-a-pedia: Quick access to food info.

Find the calories and MyPyramid food groups for a food, or compare two foods. Visit <http://www.myfoodapedia.gov/>

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### How to Raise a Money Smart Child

*Courtesy of The Jump\$tart Coalition for Personal Financial Literacy*

*How to Raise a Money \$mart Child* is an updated 2003 version of a popular guide for parents and teachers, featuring articles by a variety of Jump\$tart partners. The guide includes budgeting, allowances, needs and wants, banking services, savings accounts, balancing a checkbook, obtaining credit, credit reports, insurance, mutual funds and financing college. [Download a .pdf](#) version or visit [this page](#) to learn how to order a copy of the guide.

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## TRICARE AND HEALTH

### TRICARE Overseas Beneficiaries Reminded to Update DEERS

The days are ticking down to the **Sept. 1** start of the new TRICARE Overseas Program contract. TRICARE beneficiaries stationed overseas who want to keep up with the latest information about their health care benefits need to update their family's Defense Enrollment Eligibility Reporting System (DEERS) records as soon as possible. [Read more...](#)

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### Federal Rules Published for TRICARE Retired Reserve

The interim final rule for the TRICARE Retired Reserve ( TRR ) program has been published. That brings the opportunity for members of the Retired Reserve who are not yet age 60, the so-called "gray-area" retirees, to purchase TRICARE Standard coverage one big step closer to a planned program launch expected as early as September 2010. At that time, instructions about how to qualify for and purchase TRR coverage will become available. If purchased, TRR coverage is expected to go into effect as early as Oct. 1, 2010. [Read more...](#)

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### Get Hip to HIPAA

[ Courtesy of Tyler Patterson - TriWest Healthcare Alliance]

U.S. Army Soldiers preserve the freedoms we enjoy today.

Historical accounts, taken directly from Soldiers' letters and diaries, provide the story line for this powerful drama, designed to entertain while presenting the history and development of the U.S. Army from its origins through the wars, conflicts and missions that have molded the Army and the nation.

Spirit of America is truly an unforgettable experience that for more than 30 years has taken thousands of audience members through an action-packed timeline of American history. As you witness breathtaking ceremonial drills, historical reenactments, soul-stirring music and dramatic real life stories, Spirit of America shows how the Army's history is also our nation's history. This year we honor the sacrifices and celebrate the contributions of our Soldiers, Families, and Army Civilians who are making a difference during one of the most challenging times in our Nation's history. Their perseverance and resiliency is the Strength of the Nation.

Spirit of America is one of the U.S. Army's largest community outreach events. Since its inception, hundreds of thousands of people have experienced the patriotic pageant.

Join Soldiers from the U.S. Army Military District of Washington in celebrating the "Strength of the Nation" and experience FREE performances of Spirit of America 2010. Visit [U.S. Army's Spirit of America](#) to reserve your tickets now.

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## FAMILY SUPPORT

### August is Children's Eye Health and Safety Month: Seeing is Achieving

There is an old phrase that says "seeing is believing," but when it comes to early childhood education "seeing is achieving." Eighty percent of what children learn in school is presented visually, and undiagnosed vision problems may affect the reading ability of children and lead to poor academic performance. Read more... <http://www.militaryfamilynetwork.com/article.php?aid=15436>



**ALERT:** NMCRS needs new smiling faces to replace valued volunteers who have departed over the summer.

If you are interested in a detailed list of positions please contact: [jennifer.oneal@nmcrcs.org](mailto:jennifer.oneal@nmcrcs.org)

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### Advice for the Survivor Looking for a Trauma Therapist

[Source: Gift from Within]

In this webcast, Dr. Ochberg gives helpful suggestions on how survivors can work with a therapist in order to have a successful therapeutic relationship. To listen, [visit this link](#).

**About Gift from Within.org :** Gift from Within is a non-profit

Whether you access your health care through TRICARE or a private health insurance plan, you've probably had to sign a HIPAA form every time you filled out paperwork at your doctor's office. Do you know why? What exactly is HIPAA, and what does it mean for you? [Read more...](#)

### August is Immunization Awareness Month: It's Wise to Immunize!



The Military Health System recognizes August as Immunization Awareness Month. During the course of the month, the MHS partners with the Military Vaccine (MILVAX) Agency to encourage service members, veterans and family members to receive their scheduled vaccinations. [Read more...](#)

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### RELOCATION INFORMATION

#### Shinseki Says VA's Home Loan Program Continues to Stay Strong

Mortgage loans guaranteed by the Department of Veterans Affairs (VA) continue to have the lowest rate for serious delinquency and foreclosures in the industry. [Read more...](#)

#### MFN Welcomes LowVARates!

[LowVARates.com](#) has over 20 years of experience working with active and retired military home owners. We have built a solid reputation as a company that gives back to those that have served this country. [LowVARates.com](#) is easy to use and a very informative website that allows you to access all of the latest information regarding VA home loans. We are not a lender and we are not affiliated with any government agency, including the Department of Veterans Affairs. We bring approved VA lenders and eligible veterans together so that getting a loan is as easy as possible.



We invite you to use [LowVARates.com](#) not only to apply for your VA loan, but to also keep up to date with all of your hard-earned VA loan benefits.

#### Don't Let These Byways Be Bygones!

[Source: U.S. Department of Transportation]

Planning a vacation by car this summer? Try a scenic route to your destination as designated by the Federal Highway Commission! The U.S. Secretary of Transportation recognizes certain roads as All-American Roads or National Scenic Byways based on one or more archeological, cultural, historic, natural, recreational and scenic qualities.

*organization dedicated to those who suffer post-traumatic stress disorder (PTSD), those at risk for PTSD, and those who care for traumatized individuals; develops and disseminates educational material, including videotapes, articles, books, and other resources through its website; maintains a roster of survivors who are willing to participate in an international network of peer support; is designated by the Internal Revenue Service as 501(c)(3) public charity, eligible to receive tax-exempt grants, gifts, and donations.*

**Gift From Within's compassionate support for survivors of trauma depends on your donations. Please give freely at [Gift From Within](#). Thank you.**

### What Is the Impact of Military Deployment on Children?

Are you worried about how children react when their parents are deployed, and what parents at home can do for their children? A study at the University of North Texas is investigating these questions.

You are eligible to participate if your spouse has been deployed with the military since 2001 and you had a child between the ages of 4 and 17 at that time. Please e-mail [deploymenteffects@gmail.com](mailto:deploymenteffects@gmail.com) to obtain the website, username, and password needed to participate. (An e-mail response with the needed information will be sent back to you immediately). If you wish to obtain results of the study after completion, those results can also be requested from the same e-mail address.

Awareness Month. During the course of the month, the MHS partners with the Military Vaccine (MILVAX) Agency to encourage service members, veterans and family members to receive their scheduled vaccinations. [Read more...](#)

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### MONEY, EDUCATION & EMPLOYMENT

#### Homebuyer Tax Credit Closing Deadline Extended

[Source: Federal Citizen Information Center ]

If you missed the June 30th closing deadline for the [first-time homebuyer tax credit](#), but have met the other requirements, you're in luck—the [Homebuyer Assistance and Improvement Act](#), signed into law on July 2, extends the deadline to Sept. 30th.

#### New Credit Card Rules Effective Aug. 22

[Source: Federal Citizen Information Center ]

The [final set of rules](#) mandated under the 2009 credit card consumer-protection act go into effect Aug. 22nd, restricting card companies from imposing unfair late payment and other penalty fees, among other things. The Federal Reserve Board, which created the rules, has created a [new web site](#) to help consumers understand all their rights when it comes to dealing with credit card companies, as well as how to choose and use cards wisely.

Recent issues of the FDIC Consumer News also explain in detail the new credit card protections, as well as potential drawbacks. Check out these issues:

[Summer 2009](#) : New Consumer Protections for Credit Cards and Mortgages: What the New Rules Mean for You

[Spring 2010](#) : New Realities, New Directions for Credit Cardholders: 8 ways to avoid pitfalls in areas such as interest rate and fee increases

#### AAFES Working Double Time to Correct Inadvertent Charges

Their definition of "scenic" reaches beyond breathtaking vistas. All of America's Byways® are "scenic", representing the depth and breadth of scenery in America--natural and man-made panoramas; electrifying neon landscapes; ancient and modern history coming alive; native arts and culture; and scenes of friends, families and strangers sharing their stories. Discover more of America's treasures at <http://www.byways.org/>

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### A Year Later, H1N1 Flu and Your Summer Travel Plans

Last summer the H1N1 flu dominated the news. It was described by the World Health Organization (WHO) as the first pandemic of the 21st century. The Centers for Disease Control and Prevention (CDC) estimate that between 7,880 and 16,460 H1N1-related deaths occurred between April 1 and Dec. 12, 2009. [Read more...](#)

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### Summer is Moving Season

If you are moving this summer, chances are you spent the spring planning for your next military move and will spend a good part of the summer physically packing, traveling, unpacking, and settling into your new location. What a great challenge this can be to your family's financial, emotional, and physical resources. Moving can be so exhausting that sometimes the thought of just looking for the right supports or resources can be overwhelming. [MilitaryINSTALLATIONS](#) (MI) takes the stress out of your move by putting great information and resources right at your fingertips through your computer or mobile device. [Read more...](#)

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## VETERANS CORNER

### VA Reaches Out to Homeowners Affected by Gulf Oil Crisis

Veterans in the Gulf States impacted by the recent oil spill may qualify for delayed mortgage payments if their mortgages are already guaranteed by the Department of Veterans Affairs (VA). [Read more...](#)

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### New Regulations on PTSD Claims

This new rule is for Veterans of any era. [Read more...](#)

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### VA Makes Applying for Health Care Benefits Faster for Veterans

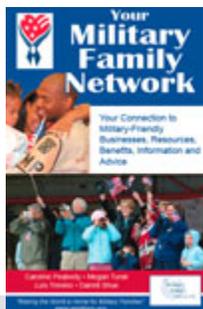
As part of Secretary of Veterans Affairs Eric K. Shinseki's effort to streamline access to benefits, the Department of Veterans Affairs (VA) has removed the signature requirement for Veterans who electronically submit an online 10-10EZ "Application for Health Benefits." [Read more...](#)

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## MFN BOOK CLUB

### Your Military Family Network

[Order Your Copy Now!](#)



"Your Military Family Network reference book is the most complete source of information for the active military, veterans and their families that I have seen. At first I just skimmed through it, but when I read the contents and your instructions on how to use this book, I realize this book was worth much more than the purchase price. Thank you for providing a helping hand for our military who have sacrificed so much for our freedom. Your book it is a treasure for me and for all military personnel." - Curt M., WWII veteran

Numerous transactions at Army and Air Force Exchange operations are experiencing a double whammy no one saw coming; a processing error resulting in duplicate charges on credit and debit card transactions. [Read more...](#)

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### More than 1,100 Schools Partner with VA on GI Bill

Paving the way for recipients of the Post-9/11 GI Bill to attend higher-cost schools, the Department of Veterans Affairs (VA) has entered into more than 3,200 agreements with over 1,100 schools for the upcoming academic year under the "Yellow Ribbon" program. Schools can enter into multiple agreements with VA to accommodate different programs of study offered. [Read more...](#)

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### Deadline to Opt-in for Overdraft Protection

[Source: Federal Citizen Information Center ]

Take action now if you want to keep your debit or ATM card's [overdraft protection](#) in place, without interruption. If you don't "opt-in" by Aug. 14th, your overdraft protection will be discontinued.

The good news is, you won't unwittingly get socked with steep overdraft fees. The bad news is, your purchases and ATM withdrawals that exceed your checking account balance will be denied.

The new rules do not apply to checks or automatic bill payments.

If you've linked your account to a line of credit or a savings account to cover overdrafts, that arrangement will not be affected. **You can opt-in or opt-out of overdraft protection at any time.**

Of course, the best way to avoid overdraft fees is to [manage your account](#) so you don't overdraw it. To learn more about managing our money, check out these sites:

[MyMoney.gov](#)

[FederalReserveEducation.org](#)

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### Hot Summer Reading, for Free

[Source: Federal Citizen Information Center]

Here's one for your summer reading list: our package of FREE publications on managing your finances, both before and during retirement. In it you'll find pubs to help you:

- manage your investments
- plan for your retirement
- assess your need for disability income insurance and long-term care insurance
- decide when to start collecting Social Security benefits
- avoid investment fraud and
- be a savvy consumer at any age!

[Order your free package](#) today!

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### Disability Income Insurance

[Source: Federal Citizen Information Center]

The Recession has given us new-found appreciation for job security. Yet, many people neglect to protect themselves from loss of income



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## MILITARY FRIENDLY DEALS

### Commissary Case Lot Sales!

It's time again for great sales and discounts on your favorite items at your local commissary. And, DeCA's Guard/Reserve On-site Sales Program provides the commissary benefit to deserving Guard/Reserve members and their families that live in areas that are not close to an existing commissary store, too.

These sales are not only for the Guard and Reserve...they're for any authorized shopper. We bring the benefit directly to you at these sales that provide patrons savings of 30% or more; the same as active duty military and their families who shop the commissaries on a regular basis.

So whether you are near or far, don't miss out on these fantastic events to save! Visit [this link](#) for onsite sales, and for offsite, Guard and Reserve sales, visit [this link](#).

### The ABSensation: Soldier Engineered Portable Fitness Equipment

*Do you do curls without weights? How do you expect to get great abs without weights?*

The New Absensation, of course! Its inventor is a deploying Army soldier and ab sensationalist who saw a need for this simple, yet effective fitness device. Its strap was created as a necessity for weight assisted crunches without a gym and for maximum safety. This strap will eliminate the dangerous need to try and balance a dumbbell between your feet!



Get the ABSensation at the introductory price of only \$14.95. To order, visit [Absensation](#) or [http://cgi.ebay.com/ABSensation-patent-pending-/110574675568?pt=LH\\_DefaultDomain\\_0](http://cgi.ebay.com/ABSensation-patent-pending-/110574675568?pt=LH_DefaultDomain_0).

**Get one today and amaze everyone with your new, ripped, toned and quality abs!**

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## ASK MFN'S MILITARY FAMILY SPECIALIST

Robin is MFN's Military Family Specialist. She is a regular feature to our monthly newsletter to help connect you with solutions to challenges in your military life. So, please meet Robin, a soldier of eighteen years and a family programs specialist. She will be your guide to keeping informed, being prepared and, well, mopping up messes if that's what it takes! You can reach her by emailing [connections@militaryfamilynetwork.com](mailto:connections@militaryfamilynetwork.com) for some good old Q&A or you can sit back and keep reading as we introduce some of her fine work right here in MFN's monthly newsletter. So, as they say, "On with the show!"

### Hey Robin,

I'm trying to finish my display of Vietnam Veteran License plates and am missing two plates (AK and DE).

Do you know any Vietnam Veterans that might have old or expired Vietnam Veteran License plates? I would reimburse all postage charged & also send an Illinois Vietnam Veteran license



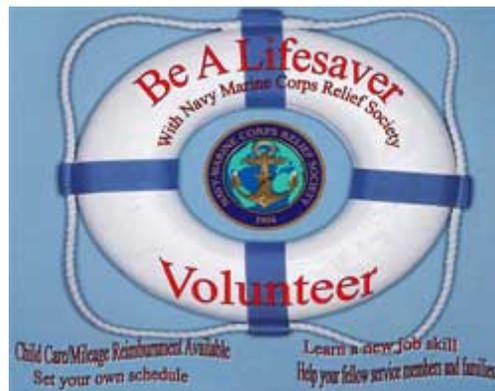
due to an illness or injury. You may be able to collect [Social Security disability benefits](#) if you can't work for at least a year. And there are [other possible sources of income](#). But for many people, a medical absence leaves them in serious financial straits. Learn how to protect yourself with this [Guide to Disability Income Insurance](#).

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## COMMUNITY

### Fort Wayne Patriots Celebrating Again!

Beginning at 5pm on September 11th at the Allen County Fairgrounds, the Fort Wayne Patriots of Indiana will be throwing their 8 th Annual Military Appreciation Party. The free event is open to all members of the community and special guests and activities include: Huckleberry Blue, Deuce, Urban



Legend, Dan Nightingale, the Fort Wayne Police Department Bagpipers, the Fort Wayne Area Community Band, Skydive Fort Wayne, Parkview Samaritan Helicopter, the Color Guard presenting from the 1 st/293 rd Infantry, the American Legion and the Patriot Guard Riders. For more information, visit [Military Appreciation Party](#).

### Pittsburgh's Airlift Research Foundation Invites You to Enjoy the Dog Days of August

The Airlift Research Foundation would like to help you in your quest to enjoy the summer weather by adding a couple of events to your social calendar, all in the name of supporting our mission to fund research and champion awareness that improves the care of military and civilian survivors of traumatic extremity injuries.

- The first (especially for you dog lovers) - "arf" for Airlift Research Foundation (ARF)! On August 27th, we will be hosting a barbeque and auction at Misty Pines Dog Park.
- And for all of those who can't get enough of this golfing weather, we invite you to join us at the Mylan Classic presented by CONSOL Energy from August 30-September 5!

For more information about these events or to make a donation, visit the [Airlift Research Foundation](#).

### WOOHOO! Take Flight for Kids Festival Ramping Up for Take Off in Northern, CA!

The THIRD ANNUAL massive community festival at San Jose Reid Hillview Airport takes place Saturday, September 25, 2010. This event focus on children and brings together accessible activities, experiential learning through science, technology, engineering and math exercises, exotic animals, cars, and robots, great food, live entertainment, tons of community services, fire trucks, police cars, radio controlled and helicopters! If you can name it, we're doing it! For more information



plate for any Arkansas Vietnam Veteran plate. Thanks for any help you can give me with my display!!

**Thanks, Ray**

**Hi Ray,**

Well, this is a fun and unusual request! Although I have to tell you, Ray, I have no experience in collecting or displaying license plates. So, the best that I can do is put your request out here to our MFN community with your email address, cross my fingers and hope that someone out there has what you need. (If you can help Ray, please email him at [phawk350@aol.com](mailto:phawk350@aol.com) .) And, Ray, if you ever get your display completed, will you remember to send us photo? Good luck!

**Peace out, Robin**

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about attending or how you can help, visit [Take Flight for Kids](#) .

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### MISSION CRITICAL INFO

Join the [Military Family Network](#) in the social media world!

Become a [fan](#), share your military life experience and help others build a personal support network for their military career. MFN's [Facebook page](#) connects you with friends you can count on while MFN's [Twitter](#) page keeps you informed.



### Advertising and Sponsorship Opportunities Available!

- Newsletter!
- Website!
- National Military Resource Book!

Contact Megan Turak at [sales@MilitaryFamilyNetwork.com](mailto:sales@MilitaryFamilyNetwork.com) for more details.

### \*Military Community Submissions:

If you have a story, song or photo that you would like to share with The Military Family Network™, please contact [Luis Trevino](#).

### Get Seen! Get Heard! Join MFN's Referral Network!

The Military Family Network™ has connected and worked with media outfits of all kinds including ABC, NBC, CBS, MSNBC, Montel Williams, Dr. Phil Show, Sesame Street, AARP, Newsweek, Army Times, U.S. Army, U.S. Marine Corps, Social Security, Department of Labor, Military OneSource, Reader's Digest, VFW, United Press International, Lifetime, etc. and countless newspapers around the world. These organizations contact MFN for a variety of reasons, but in each case, they want to hear from the military community.

If you are a service member, military family member or veteran and would like to be included in MFN's referral network for media opportunities, please email [lou@militaryfamilynetwork.com](mailto:lou@militaryfamilynetwork.com) with your interest and contact information and Lou will be glad to include you for future opportunities.

*Privacy Notice:* The Military Family Network™ is committed to ensuring the privacy of our military community according to the Department of Defense and MFN does not release or sell information about individuals. In the event that you participate in MFN's referral network, you will be contacted by MFN about the opportunity first and if you are interested, you will be given the choice to provide MFN with permission to release your contact information (name, email or phone only) or be given the contact information to make the connection yourself. If you are an active member of the Armed Forces, it is always advisable to contact PAO for guidelines, permission, etc., before participating in public media opportunities.

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